

CORRIDORS

How can corridors be designed to enable a person living with dementia to find their way around a residential care home?

Corridors or hallways within residential care homes can be confusing when finding your way around: there may be many of them, each leading to different destinations, and varying in width and length – and yet somehow all looking the same.

People living with dementia are especially likely to find it difficult to navigate corridors. Some people may be troubled by a change in the floor finish leading into the corridor, while others may be worried about their mobility if they cannot see a place to rest along the corridor. At worst, a person with dementia may be reluctant to leave their bedroom at all if they come to see the corridor as some sort of barrier – and as a result they may become anxious and isolated.



When all the corridors within a care home (including the fittings and furnishings) look the same it is easy to understand why not just residents, but also staff and visitors, can become confused and lost.



What you can **do now**

- Create seating areas for residents to rest or take in a view along the route.
- Make it easier to see things from a distance by using contrasting colours when selecting objects and furniture.
- Camouflage dead ends such as locked exit doors or staff-only areas along the way.
- Store equipment when not in use, leaving corridors free of clutter.



What you can plan for the future

Individualise corridors by providing a range of different features including colour, texture, artwork and style of furniture.

- Clearly indicate where the corridor is heading by framing views to other areas (e.g. to the dining, lounge).
- Vary corridor and hall widths to accommodate small sitting places (e.g. to the side, or seating within a corridor).
- Use contrast to make the floor, walls, ceiling and objects stand out to aid visibility.
- Locate storerooms and staff-only areas away from resident corridors.

Key Design Principles: Principle 2 Provide a human scale, Principle 5 Optimise helpful stimulation, Principle 6 Support movement and angagement https://dta.com.au/resources/environmental-design-resources-introduction

Aged Care Quality Standards: Standard 5 Requirement (b) (ii) The service environment enables consumers to move freely, bith indoors and outdoors

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Consult the DTA Environments team for advice and support in making your environment dementia friendly

