



Dementia  
Training  
**Australia**

**Identifying and treating pain in people living  
with dementia**



ORGANISATION	TITLE	BRIEF DESCRIPTION
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### Websites

Australian Pain Society	<a href="#">Australian Pain Society</a>	The website provides access to information and resources relating to pain and pain management. <b>KT:</b> Thinking <b>Learning Pathway:</b> Inquiry
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### General Resources

National Council for Palliative Care	<a href="#">How would I know? What can I do?</a>	This booklet provides information on how to help someone with dementia who is in pain or distress. <b>KT:</b> Thinking <b>Learning Pathway:</b> Inquiry
Pete Moore	<a href="#">The Pain Toolkit</a>	Designed to assist people self-manage pain this toolkit also provides useful information and resources for health professionals. <b>KT:</b> Thinking <b>Learning Pathway:</b> Inquiry
Irish Hospice Foundation.	<a href="#">Palliative Care for the Person with Dementia Guidance Document 5: Pain Assessment and Management.</a>	This guidance document provides information regarding the assessment and management of pain in people with dementia. <b>KT:</b> Doing <b>Learning Pathway:</b> Implementation
Care Search-palliative care knowledge network	<a href="#">Pain</a>	Key messages regarding pain <b>KT:</b> Doing <b>Learning Pathway:</b> Inquiry
Royal College of General Practitioners: Australian Family Physician	<a href="#">Pain management in residential aged care facilities.</a>	This article provides general information regarding pain management in residential care facilities <b>KT:</b> Doing <b>Learning Pathway:</b> Implementation
Hartford Institute for Geriatric Nursing	<a href="#">Assessing Pain in Older Adults with Dementia.</a>	This article provides general information regarding pain management in residential care facilities <b>KT:</b> Doing <b>Learning Pathway:</b> Implementation



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### Guidelines

The Australian Pain Society	<a href="#">Pain in Residential Aged Care Facilities Management Strategies</a>	Provides guidelines for the assessment and treatment of pain in residential aged care facilities. <b>KT:</b> Doing <b>Learning Pathway:</b> Implementation
Royal College of Physicians UK	<a href="#">The assessment of pain in older people: National Guidelines</a>	Provides guidelines for the assessment of pain in older people. <b>KT:</b> Doing <b>Learning Pathway:</b> Implementation
Australian and New Zealand Society for Geriatric Medicine	<a href="#">Position Statement No. 21: Pain in Older People</a>	Provides a summary of key points in regards to pain in older people. <b>KT:</b> Doing <b>Learning Pathway:</b> Implementation
New South Wales Health	<a href="#">Pain Management Decision Making Framework for nurses and care staff caring for people with advanced dementia.</a>	Provides a decision making algorithm and guidelines for the management of pain in people with advanced dementia. <b>KT:</b> Doing <b>Learning Pathway:</b> Implementation

### Fact Sheets

Dementia Australia	<a href="#">Pain</a>	This Help Sheet discusses ways to recognise if a person with dementia is in pain and how to treat pain quickly and effectively <b>KT:</b> Thinking <b>Learning Pathway:</b> Inquiry
North West Dementia Centre, University of Manchester	<a href="#">Pain in dementia</a>	This fact sheet provides succinct information about identifying and managing pain in people with dementia. <b>KT:</b> Thinking <b>Learning Pathway:</b> Inquiry



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### Presentation Slides

Dementia Collaborative Research Centres	<a href="#">Translating what we know about pain recognition and management in people living with dementia</a>	Provides an overview of pain assessment and management in people with dementia and lists further resources. <b>KT:</b> Thinking <b>Learning Pathway:</b> Inquiry
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### Videos

King's College London	<a href="#">Assessment and management of pain in dementia</a>	Recorded lecture <b>KT:</b> Thinking <b>Learning Pathway:</b> Inquiry
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### Implementation Support Resources

United States Veterans Affairs Health Services Research & Development Service	<a href="#">0 – No pain</a>	A series of 7 videos that can be used for improving pain assessment skills for persons with dementia <b>KT:</b> Thinking <b>Learning Pathway:</b> Inquiry
Curtin UniversityAustralian Pain Society	<a href="#">The PMG Kit for Aged Care: An implementation kit to accompany The Australian Pain Society's Pain in Residential Aged Care Facilities: Management Strategies</a>	This toolkit is designed to be used together with the Australian Pain Society's Pain in Residential Aged Care Facilities: Management Strategies Guidelines (PMG) to assist residential aged care provider to better identify and treat residents' pain. <b>KT:</b> Doing <b>Learning Pathway:</b> Implementation
University of Queensland	<a href="#">The palliative approach toolkit Module 3</a>	This toolkit, designed to assist residential aged care facilities to implement a comprehensive, evidence-based palliative approach of care for residents includes information relating to pain management. <b>KT:</b> Doing <b>Learning Pathway:</b> Implementation



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## BRIEF DESCRIPTION

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### Implementation Support Resources

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Australian Centre for Evidence Based Aged Care

[Pain in older adults assessment survey \(POAKS\)](#)

The 24-item POAKS was developed to measure the knowledge of nursing and care staff about the experience, assessment and management of pain in older people (including people with dementia) for use in the residential aged care setting. Download questionnaire and notes.

**KT:** Doing

**Learning Pathway:** Implementation

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### Citation

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### Open Access Publications

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Guerriero, F., Sgarlata, C., Maurizi, N., Francis, M., Rollone<sup>1</sup>, M., Carbone, M., Rondanelli, M., Perna<sup>1</sup>, S., Ricevuti, G. (2016) [Pain management in dementia: so far, not so good](#). Journal of Gerontology and Geriatrics 64: 31-39.

**KT:** Thinking

**Learning Pathway:** Inquiry

Husebo, B.S., Achterberg, W., Flo, E. (2016) [Identifying and Managing Pain in People with Alzheimer's Disease and Other Types of Dementia: A Systematic Review](#). CNS Drugs 30: 481.

**KT:** Thinking

**Learning Pathway:** Inquiry

Peisah, C., Weaver, J., Wong, L., Strukovski, JA. (2014). [Silent and suffering: a pilot study exploring gaps between theory and practice in pain management for people with severe dementia in residential aged care facilities](#). Clinical Interventions in Aging 9: 1767–1774.

**KT:** Thinking

**Learning Pathway:** Inquiry

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### Courses/Further Study

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University of Sydney

[Master of Science in Medicine \(Pain Management\)](#)

**KT:** Doing

**Learning Pathway:** Extension

Australian College of Nursing

[Pain management](#)

**KT:** Doing

**Learning Pathway:** Extension



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### References

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Aged Care Quality Agency. Accessed March 2017 from <https://www.aacqa.gov.au/providers/residential-aged-care/resources/brocah0011accreditationstandardsfactsheetenglishv14.1.pdf>

Ballard C, Corbett A, Jones EL. 2011. Dementia: challenges and promising developments. *Lancet Neurology* 10: 7–9.

Guerriero, F., Sgarlata, C., Maurizi, N., Francis, M., Rollone<sup>1</sup>, M., Carbone, M. Rondanelli, M., Perna<sup>1</sup>, S., Ricevuti, G. (2016) Pain management in dementia: so far, not so good. *Journal of Gerontology and Geriatrics* 64: 31-39

McAuliffe, L., Brown, D., Fetherstonhaugh, D. (2012) Pain and dementia: an overview of the literature. *International Journal of Older People Nursing*. 7, 3, 219-226

Peisah, C., Weaver, J., Wong, L., Strukovski, JA. (2014). Silent and suffering: a pilot study exploring gaps between theory and practice in pain management for people with severe dementia in residential aged care facilities. *Clinical Interventions in Aging* 9: 1767–1774

Pieper, M.J.C., van Dalen-Kok, A. H., Francke, A.L., van der Steen, J.T., Scherder, E.J.A., Husebø, B.S., Wilco P. Achterberg, W.P. (2013). *Ageing Research Reviews*. 12 1042– 1055