



Dementia Training Australia

LETS CHAT DEMENTIA WEBINAR - 9 February, 2022

The health and wellbeing of carers of Aboriginal and Torres Strait Islander peoples with cognitive impairment and dementia

Audience Q&A's

Question(s)	Answer(s)
Isn't it important to provide at least 2hrs a day of relief to the carer, so that he/she doesn't need to wake up early, to attend to the need of a patient?	This would be assessed on an individual basis.
Are there any specific resources available to support carers deliver culturally sensitive dementia care?	The Caring for Spirit project is focused on providing a centralised online source of evidence-based resources and information that is culturally appropriate and appealing to Aboriginal and Torres Strait Islander communities. caringforspirit.neura.edu.au/research/caring-for-a-person-with-dementia/
Has the Montessori approach to care been used for people with dementia?	I am not familiar with its use.
What happens if the carer refuses to accept respite?	Respect the carers choice, continue to offer support, letting the carer know of available support and resources. Recommend regular health checks for the carer as well.